# EVALUATION OF SERUM AND AMNIOTIC FLUID ALKALINE PHOSPHATASE ACTIVITY IN TOXAEMIAS OF PREGNANCY

by

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## Introduction

Improvement in perinatal mortality would occur if a satisfactory placental function test could be devised to determine the correct time for delivery in patients whose placental function may be balanced against the risk of premature delivery. A dependable and easily conducted test of placental function is one of the urgent needs in obstetrics these days. Currently, a number of promising fetal assessment techniques like computors and microassessors in combination with heart rate monitors, telemetry etc. are under trial. These sophisticated techniques may not be available to us in near future. Estimation of alkaline phosphatase has been suggested as an index of placental function. Heat stable alkaline phosphatase which is produced by human trophoblast appears to reflect the placental function accurately.

In severe toxaemias of pregnancy there is expected to be a compromise of placental function. Therefore, this study was undertaken in two comparable groups of severe toxaemias of pregnancy and compared with controls to formulate a standard of values of the enzyme in maternal serum and amniotic fluid and to correlate it with the fetal outcome.

### Material And Methods

Fifty cases of normal term pregnancy were taken as controls. Cases of severe toxaemia of pregnancy were divided into two groups (a) 16 cases were with clear liquor (b) 8 cases were with meconium stained liquor. These two groups were comparable to each other regarding the degree of toxaemia and maturity of pregnancy. Amniotic fluid was taken at the time of caesarean section or collected by amniotomy. Venous blood was taken with dry sterilized syringe. Estimation of total, heart stable and heat labile alkaline phosphatase (TAP, HSAP, HLAP) was done by the method of Kind and King (1954) in both serum and amniotic fluid.

### **Observations**

Table I: Shows TAP, HSAP, HLAP in normal pregnancy group of 50 cases.

Table II: Shows TAP, HSAP & HLAP in severe toxaemia comprising 16 cases of non-meconium stained liquor group and 8 cases of meconium stained liquor group.

Table III: Shows relation of serum HSAP with mean apgar score in nonmeconium stained toxaemia group.

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		111:	cases 50	K A II /100 ml		5.7
	Manna and	Serum	phosphatase (K.A.U./100 ml) Liquor			the second
DOL 3 KAE	TAP	HSAP	HLAP	TAP	HSAP	HLAP
Range	12.2-20.3	6.0-14.2	5.7-8	1.8-7.95	1.02-4.0	0.7-3.95
Mean	15.59	9.26	6.46	2.77	1.43	1.34
S.D.±	2.82	2.15	0.46	0.89	0.44	0.69
S.E.±	0.395	0.301	0.065	0.125	0.063	0.09
Foetal Outcome:	Normal Asphyxiat			th weight cental weight	maile : 7	- 2907 gms
	Dead	- N	-		All and a second second	- 8.7

TABLE I

### TABLE II

Alkaline Phosphate (K.A,U./100 ml) Total, Heat Stable and Heat Labile in Severe Toxaemia Group (BLPL-160/100 to 220/130; Albuminuria ++ to +++; Oedema ±+ to +++)

		·····	stained liquor group	Elizaber and a second s		
	Serum			Liquor		
	TAP	HSAP	HLAP	TAP	HSAP	HLAP
Range	18.6-	11.0-	5.6-	3.5-	2.0-	1.25-
	28.9	22.5	7.6	8.2	6.2	3.0
Mean	23.79	17.13	6.66	5.33	3.38	1.95
S.D.±	2.35	18.48	6.51	1.68	1.30	0.64
S.E. ±	0.83	0.82	0.19	0.59	0.46	0.22
Foetal outcome:	Normal		- 6 Mean birth	-	-	- 2610 gms
	Asphyxiated Dead		- 10 Mean placer - Nil Mean apgar	-	-	- 413 gms

TABLE II (Contd.)

Alkaline Phosphate (K.A,U./100 ml) Total, Heat Stable and Heat Labile in Severe Toxaemia Group (BLPL-160/100 to 220/130; Albuminuria ++ to +++; Oedema ++ to +++)

	Stinds (12)	Serum			Liquor		
in the second	TAP	HSAP	HLAP	TAP	HSAP	HLAP	
Range	26.6-	20.2-	6.0-	64.6-	28.2-	38.4-	
	32.2	26.0	7.2	240.4	92.0	154.4	
Mean	29.30	23.00	6.30	157.1	57.54	99.56	
S.D.±	2.29	2.42	0.38	71.70	21.97	52.41	
S.E.±	0.93	0.98	0.15	29.27	8.97	22.39	
	4.42	4.59	0.15	5.18	6.25	4.35	
P	<0.01	<b>'&lt;0.01</b>	>0.05	'<0.01	<0.01	<b>&lt;0.01</b>	
Foetal outcome:	Normal		- 1 Mean bit	rth weight		— 2352 gn	
	Asphyxiated		- 3 Mean pla	cental weight	termine -	- 358 gn	
	Dead		- 4 Mean ap	gar score		- 3.1	

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#### TABLE III

Relation of Serum HSAP With Mean Apgar Score in Non-meconium Stained Toxaemia Group

Range of HSAP in K.A.U./100 ml	No. of cases	Mean apgar score
11 - 15	5	7.6
15.1 - 19	5	6.4
19.1 - 23	6	5.3

Table IV: shows relation of liquor HSAP and liquor HLAP with mean apgar score in non-meconium stained toxaemia group.

	TA	BLE IV	112-4-41	
Relation of	of Liquor	HSAP	and Liquor	HLAP
With Mean	Apgar Sco	ore in No	n-meconium	Stained
		emia Gr		

Range of values in	No. of	Mean apgar
K.A.U./100 ml	cases	score
HSAP: 2-2.99	6	7.1
3-3.99	6	6.1
4 and above	4	5.5
HLAP: Less than 2	10	7.0
2 and above	6	5.3

Serum TAP and HSAP are significantly raised in meconium stained group when compared to non-meconium stained group. HLAP of serum, however, did not show a significant change. Regarding amniotic fluid all the three fractions show a marked rise in meconium stained group when compared to non-meconium stained group.

In 2 cases where liquor though equally meconium stained showed not very high values (TAP 64.6 K. A. U|100 ml and 68.6 K.A.U|100 ml) gave a better fetal outcome than those where values were markedly raised.

Both the groups when compared to normal controls showed a poor fetal outcome, lower placental weight, lower birth weight and low apgar score.

### Discussion

Serum HSAP of more than 15 K.A.U. 100 ml, liquor HSAP of more than 3 K.A.U. 100 ml and liquor HLAP of more than 2 K.A.U. 100 ml in non-meconium stained group of severe toxaemia indicate a compromise of placental function and an urgent need to delivery. Outcome in this group was all live babies though 10 of them were asphyxiated but could be revived. Not a single baby was lost in this group. In a comparable severe toxaemia group when liquor was stained with meconium the values of TAP and HSAP in serum and TAP, HSAP and HLAP in liquor shot up markedly and the foetal prognosis was dismal inspite of early attempt at delivery. The higher the values of alkaline phosphatase in these patients the worse is the prognosis.

Curzen and Marris (1966) state that 78% cases of severe pre-eclampsia showed higher values of serum HSAP. Our value of HSAP as 17.13 K.A.U|100 ml in serum in severe toxaemia group is the same as 17.2 K.A.U/100 ml Sammour et al (1975) reported by Zuckerman et al (1965) also showed increased HSAP activity in serum.

Roopnarine Singh (1972) showed HSAP in liquor in toxaemia as 3.78 K.A.U.|100 ml. which is consistent with our value of 3.39 K.A.U.|100 ml. Our TAP value of liquor in toxaemias of 5.18 K.A.U./100 ml is higher than that of Beckman *et al* (1976) namely 3.74 K.A.U./100 ml.

None of the authors who have worked on alkaline phosphatase activity in toxaemia has done all the components and

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therefore it is difficult to compare our work with previous authors. We have tried to formulate values of all the fractions of alkaline phosphatase in serum and amniotic fluid in toxaemias of pregnancy.

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#### SUMPL'N

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It is full from this study that there is a need to develop a continuous traloing programme for TBA (Rui) in rural as well as urban shuo areas. This will lead to decrease in maternal and infant machidity and mortality and certainly help up in derreasing matenatal mortality rate, and achieving the goal of "Health for All by your 2000 AD".

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